## Rest & Work 安息與工作

I. Rest is a Blessing. 安息是蒙福的.

【創 Gen 1:26~28】

【 創 Gen 2:1~3 】

【出 Exod 20:9~11】

【賽 Isa 40:28】

Illustration 1:

What is to bless the Sabbath? 甚麼叫做神賜福給安息日?

Biblical Principle is Rest and then Work.所以聖經的原則是"安息然後工作".

II. Work without rest is toil and heavy laden./沒有安息的工作是勞苦擔重擔.

【太 Matt 11:28】

【傳 Eccl 2:11】

Illustration 2:

What is Human Being? 甚麼是人類?

【約 John 1:12】

III. Rest without Work is Lazy. 安息卻不工作, 是懶惰.

【帖後 2Thess 3:10】

Work is not a curse. 工作本身並不是咒詛.

【創 Gen 3:17~18】

How shall Christian work? 基督徒要怎麼樣工作呢?

【弗 Eph 2:8~10】

## Conclusion 結論

Biblical Principle: "Rest and then Work."
聖經的原則是 "安息然後工作."
Work without rest is toil and heavy laden.
沒有安息的人只有工作, 帶來的是勞苦愁煩.
Rest without work is lazy. 有安息沒有工作的人, 是懶惰.
Rest and work as a nonbeliever is called a fool. 有安息卻和世人一樣目標工作的人, 神稱呼他們為無知.

【路 Luke 12:16~21】

Illustration 3:

Peter's testimony./彼得的見證.

【路 Luke 5:1~7】

Illustration 4:

保羅的見證 Paul's Testimony

#### Reflection:

- 1. Are you tired of your daily work and find it unbearable? Do you see the problem of doing your daily work this way? What does the biblical principle provide an inspiration for you to change? What is your plan to change? 你是否對每日的工作感覺到厭倦無法忍受?你看出問題在哪裡了嗎? 聖經的工作原則給你甚麼樣的提醒? 你有計畫要如何去改變嗎?
- 2. Rest is the work of God, the work after salvation is our work and with a goal of receiving kingdom reward. What is your plan now for your work in this world? 安息是神的工作. 得救以後的工作是我們的工作, 而且有一個目標就是要得到神國度的獎賞. 甚麼是你在這個世界上工作的計畫?

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